2018

## **Annual Report**



Utah Developmental Disabilities Council

To request a copy of this report in an alternative format, contact the UDDC office.

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### Our Mission

The Utah Developmental Disabilities Council will advocate, build capacity and encourage systems change to support people with disabilities and their families to fully and independently participate in their communities.





# Message from the Chair

It has been an absolute honor to serve on the Utah **Developmental Disabilities** Council for the past nine vears. The time has flown by in so many ways and I shall definitely miss the interactions, the learning and the amazing people that I was privileged to work with! Our Executive Director, Claire Mantonya, retired in April of this year and she was an incredible mentor and friend. I have definitely missed the almost daily interactions we shared. 2018 was the second year of our new Five-Year Plan and it has been a year of great accomplishments for the Council. Through a contract with the Center for Persons with Disabilities, we completed the research phase of our Health objective to learn about the counties with the largest gaps in health resources and services. We hope to move forward with finding creative and effective ways for these counties to address some of those gaps.



Deborah Bowman, UDDC Chair

We are also seeing excellent results with the ABCD Project in Tooele, where Sidney Rasher is our Community Connector, helping the Tooele community to promote existing health resources and to develop new ones for their Spanish speaking citizens.

The Council hired Justin
Knutson to research the area
of transportation for
individuals with disabilities in
Utah, especially to help with
finding and retaining
employment. Justin did a
wonderful job locating existing
pockets of transportation
resources as well as laying the
groundwork for new
transportation options. Stay
tuned for exciting
developments in that area!



Deborah Bowman pictured with UDDC member Kristen Hone and Executive Director Libby Osequera

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Our Advocates as Leaders Speakers Network trained over 700 people on various disability topics and a Conference Committee of self-advocates is planning a Self-Advocacy Conference in the spring of 2019. Please watch for that information coming out soon. You may have noticed that the Council is sporting a new logo! It's just another way to show that the Utah **Developmental Disabilities** Council is moving forward with fresh new ideas and the energy to make them happen.

"The Utah Developmental Disabilities Council is moving forward with fresh new ideas and energy."

Our Council is so fortunate to have Libby Oseguera as our new Executive Director. Libby was our Program Manager for five years before leaving for a position at the Utah Department of Health. We are so glad she came back to us and appreciate her previous Council experience so she could jump in with both feet running! She has done a remarkable job for the past five months and I feel she will be a great positive influence on our Council and on the developmental disabilities/ intellectual disabilities system. We also appreciate Eric Stoker, Rickie Crandall, Avery Pince-Hyder and Lindsey Hunter for the excellent, dedicated support they give our Council and its goals. I wish you all the best of luck for the future. Thank you for past nine years of phenomenal disability tutoring!

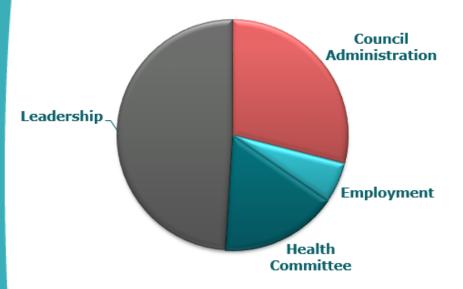
- Deborah Bowman, Chair







#### UDDC Actual & Budget Report



Actual	Amount
Budget	\$650,833.00
Expenses to date	\$606,040.54
FFY 2018 Balance	\$44,792.46

Budget	Expended
Council Administration	\$175,536.93
Employment	\$34,181.17
Health	\$99,503.65
Leadership	\$296,818.79
Total Budget	\$606,040.54

For the period of October 1, 2017 - September 30, 2018

#### Asset-Based Community Development

The Utah Developmental Disabilities Council (UDDC) is partnering with the Center for Persons with Disabilities (CPD) at Utah State University and the Disability Law Center to address health disparities among Spanishspeaking Tooele county residents. This project is using a model called asset-based community development (ABCD). ABCD brings community members together to use existing resources to reach a common goal. A group of Tooele residents, with the support of ABCD staff, have formed *Hispanos* Unidos de Tooele (HUT) to help Spanish-speaking community members with disabilities and their families access health and other community resources. This past year, HUT organized a community resource fair (Tooele Latin Fest) at Tooele City Park. The event hosted information booths from the local health department, hospital, mental health, early intervention programs, and law enforcement among 20 other local health and human service providers to share community resources. HUT also invited Latin food vendors and performers to share cuisine and culture with Tooele residents.

Tooele City Parks and Recreation estimated 800 people attended the event!



#### Goal 1: Health

"The UDDC will support the increase of access to, and the use of, health services for people with developmental and other disabilities and their families, including: dental, vision, behavioral and mental health."

#### Rural Health Access

The Council funded a research study conducted by the CPD at Utah State University to better understand dental, vision, behavioral, and mental health service availability for people with developmental disabilities and their families in rural counties. The study identified that Rich, Piute, Emery, and Beaver counties had the least access to these services. The UDDC Health Committee will meet with leadership in these four counties to discuss the research findings, learn about current actions related to gaps in access, strategize to involve more stakeholders, and to find possible solutions.



## Transportation Development

UDDC recognizes the need to explore alternative transportation options for people with disabilities to travel to work and other places in their communities. This year, the Council used a three-phase approach to identifying solutions. Council staff dedicated the first phase to researching existing local and distant transportation models, service delivery, and capacity to provide transportation in Utah. Phase two allowed staff and stakeholders to review and analyze the research. This analysis found three major gaps in the urban transportation system for those with disabilities. Affordable transportation (outside of fixed route and paratransit) is not easily available to people with disabilities. Organizations that provide resources for people with disabilities have limited information about existing services provided by the Utah Transit Authority and a lack of coordination and informationsharing exists between UTA and service organizations. Lastly, on-Demand Services like Uber and taxis have few, if any, wheelchairaccessible vehicles. In the final phase, Council staff will explore solutions to fill the gaps. UDDC is working to connect service providers and community members with training and information about current transportation options that are available, but not often used.

# Goal 2: Employment

"The UDDC will collaborate with the Employment First Initiative to increase the awareness of employment opportunities for people with developmental and other disabilities."

Additionally, UDDC is working with the Utah Transit Authority to develop a pilot for an accessible, on-demand ride service in FY20.

#### Training for Families

The Council worked toward educating families and individuals with disabilities about possibilities and opportunities in the workforce. The Council supported a self-advocate who co-trained individuals through a series of workshops hosted by the Utah Parent Center. These workshops helped parents and young adults with disabilities explore competitive employment opportunities, expectations of the workplace, and how to prepare to take action. This series of workshops provided guidance on vocational supports and services, increasing independent and selfdetermination and strategies to advocate for the supports a person needs to be successful at work.

#### Advocates as Leaders Speakers' Network

Council funds the Advocates as Leaders Speakers' Network, a group of trained presenters with developmental and intellectual disabilities, through a contract with the Center for Persons with Disabilities at Utah State University. Speakers provide information and experiences related to disability issues, presented through their unique perspective. Each presentation is designed and delivered by self-advocates who have expertise in a variety of subjects that impact the lives of people with disabilities. Speakers trained 709 individuals in fiscal year 2018; among them were 116 people with disabilities, 60 family members, 53 support persons, and 215 professionals. The speakers presented 20 training sessions at 13 different venues statewide including the Statewide Transition Institute Conference, Scenic View Academy Aut Con Conference, the Utah Valley University Autism Conference, and Self-Advocates Becoming Empowered National Conference in Alabama. The Network's Supported Decision Making presentation, for both professionals and selfadvocates, was the most requested presentation and has a user guide, "My Voice Counts," that helps people apply principles of supported decision making. The Network partnered with the Idaho Council on Developmental Disabilities to translate the "My Voice Counts" quide into Spanish.

#### Goal 2: Leadership and Advocacy

"The UDDC will build leadership and self and community advocacy skills of people with developmental disabilities and their families."

#### Next Chapter Book Clubs

UDDC has embraced Next Chapter Book Clubs as an opportunity for adults with intellectual and developmental disabilities to engage in leadership skill-building through community-based book clubs. While connecting with other group members, facilitators, and members of the general community, participants explore topics like self-advocacy, employment, and cultural engagement, and work on other quality-of-life issues and skills in these areas. Clubs are four to eight community members and generally include two facilitators who are trained to engage readers of all levels, including those who have limited or no ability to read. Clubs meet weekly for an hour in libraries, coffee shops, bookstores and other public settings.

Facilitators and club members at the Columbus Library in Salt Lake City read together and celebrate with music.



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Next Chapter Book Club was founded in 2002 by Dr. Thomas Fish, Director of Social Work at The Ohio State University; UDDC started supporting local clubs in 2016. Currently three clubs are meeting in Utah at the Park City, Columbus, and West Jordan libraries. Club members, their families, and other self-advocates who want to become further engaged in civic engagement or other advocacy activities are also encouraged and supported to participate through other Council supported activities.



Council supported Aaron Hansen, Crystal Pyne and Staci Christensen to attend the Self-Advocates Becoming Empowered (SABE) National Self Advocacy Conference in Birmingham, Alabama. 11 Utahns attended the event together to explore disability and civil rights (pictured on p. 5).

Council members, Neil Allred and Amber Foster attended the Charting the Life Course Showcase in Kansas City, Missouri, hosted by the UMKC Institute for Human Development in partnership with the National Association of State Directors of Developmental Disabilities Services (pictured on p. 5) Council Members Abigail Wright and Kimberly Jensen attended the Disability Policy Seminar with UDDC Executive Director, Libby Oseguera and members of the Utah Regional Leadership Education in Neurodevelopmental Disabilities Program (pictured on p. 11).

Council members Kelie Hess, Jared Stewart, and Crystal Pyne attended the National Association for Councils on Developmental Disabilities (NACDD) in Washington D.C. with Council staff Libby Oseguera and Eric Stoker (pictured on p. 5).







## —— 2018 —— Notable Events

# Governor Herbert Declares March Developmental Disabilities Awareness Month

Council members and Department Of Human Services leaders visited the Utah State Capitol to witness Governor Herbert declare March 2018 Developmental Disability Awareness Month (pictured on p. 11)!

#### UDDC Executive Director, Claire Mantonya, Retires

Claire retired in April 2018 after many wonderful years of service to the Council. Claire plans to travel and remain in advocacy work in her leisure time. The Council is grateful to have worked with Claire and wishes her health and happiness in retirement!

# The UDDC Welcomes Incoming Executive Director, Libby Oseguera

Libby joined the Council staff as the Executive Director in April 2018. She is honored to be selected and looks forward to a long and meaningful career working toward improved inclusion of citizens with disabilities

(pictured on p. 4, far left, and p. 11, far left).

# Council Members ODDC

2017-2018



Abigail Wright
Bryan Dial
Candas Elder
Christian Navarrete
Colette Madsen
Crystal Pyne
Deborah Bowman
Denell Miles
Greg Smith
Jared Stewart
Jaret Winn

Kelie Hess Kimberly Jensen Kristen Hone Rita Bouillon Staci Christensen Stephanie Roach Tracy Johnson Trevor Buit Adina Zahradnikova Angella Pinna Glen Larsen Kim Fratto
Matthew Wappett
Nels Holmgren
Noel Taxin
Sarah Brenna
Amber Foster
Julia Pearce
Neil Allred
Pam Bennett
Representative Paul Ray
Senator Luz Escamilla



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